



# LightWorks Color Hand Paddle Set

## What the LightWorks Hand Paddle Set Is



The LightWorks Hand Paddle Set has two Hand Paddles: Orange/Yellow and Green/Blue that can be purchased for use with the LightWorks. In addition to the Hand Paddles, the set includes a LightWorks Cord.

**Model:** HPLW2

**Price:** \$295.00 USD

Accessories are Included

Hand Paddles may be purchased individually.



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### **SOTA LightWorks Kit -**

**Model KLW:** \$612.00 USD

The LightWorks Kit includes:  
1 LightWorks LW2 and 1 LightWorks Hand Paddle Set HPLW2.

**SOTA Premium Wellness Kit - Model KPW:** \$1734.00 USD

The SOTA Premium Wellness Kit includes: 1 Silver Pulser SP7, 1 Magnetic Pulser MP6, 1 Water Ozonator WOZ5, 1 Bio Tuner BT9, 1 LightWorks LW2 and 1 LightWorks Hand Paddle Set HPLW2.

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Color has been used for health for centuries. Each color is known for specific properties and benefits. Nature provides light and specific colors for our health in the form of food—vegetables, fruits and protein foods—and herbs.

The colors of the clothes we choose as well as our home décor also influence us. For example, Blue is known to be calming, relaxing and a good color to stimulate communication. This means a room with predominantly Blue colors will create calm. Red, on the other hand, is known to be vitalizing and a good color to increase excitement or emotions. This means a room with predominantly Red colors will be stimulating.

*More on LightWorks*

## *Orange and Yellow Hand Paddle*

### **Orange Side**

Orange is a warm color with a stimulating effect. In nature, many spices are Orange.

Stimulating, energizing and vibrant. A color of joy, happiness and creativity. The nourishment provided by most B-vitamins and several minerals—including calcium, copper and selenium. Traditionally, Orange is thought to be related to digestion, immune function, kidneys and lungs.

### **Yellow Side**

Yellow is a warm color with a stimulating effect. Yellow is the color associated with our life-giving sun.

Stimulating. A color of joy, happiness and mental alertness. The nourishment of vitamins A and C are in the Yellow spectrum of color. Among the minerals that provide Yellow are magnesium, sodium and molybdenum. Traditionally, Yellow is thought to be related to digestion, brain, nerves, lymph and skin.

*LightWorks Color Chart*  
*Gráfico de colores de LightWorks*

## *Green and Blue Hand Paddle*

### **Green Side**

Green is known as a balancing color with wavelengths between warm and cold. Green is the most common color in nature. It is the color of nitrogen, an important element in our soils. In plants, chlorophyll is key to the process of converting light from the sun into chemical energy for the benefit of the plant and us. We are often reminded to eat greens. Green vegetables are particularly important for health.

Balancing, soothing and calming. A color of contentment and trust. Green is often applied before and after other colors to bring greater balance. Traditionally, Green is thought to be related to the heart, immune function, glands, nerves and bones.

### **Blue Side**

Blue is a cool or sedating color. Blue is the color of the sky so it has great influence on our circadian rhythms or work and rest patterns. In nature, Oxygen—a vital element in our air and water—is Blue.

Relaxing, soothing and calming. A color of intuition. Astringent and cooling effect. Blue can

be used to adjust our biological clocks (circadian rhythms). Traditionally, Blue is thought to be related to the skin, bowels, eyes and nerves.

*LightWorks Color Chart*  
*Gráfico de colores de LightWorks*

## *Accessories Included*

- One (1) Orange/Yellow Hand Paddle
- One (1) Green/Blue Hand Paddle
- One (1) LightWorks Cord
- One (1) Product Manual

## *Features*

1. The LightWorks Hand Paddle Set offers four monochromatic colors or single frequencies of light – Orange, Yellow, Green and Blue.
2. Each paddle offers 60 LEDs on each side of the Hand Paddle for a total of 120 LEDs per paddle.
3. Option to use both Hand Paddles at the same time with your LightWorks unit.
4. The SOTA Upgrade Program: Purchasing a SOTA product entitles you to upgrade your original model to the newest model - at any time - at a discount of up to 50%.

*SOTA Upgrade Program*

5. The SOTA LightWorks Hand Paddle Set is covered by a three (3) year warranty.
6. The LightWorks Hand Paddle Set is CE certified. This is a European standard that indicates an electronic unit conforms to essential safety requirements to operate as a household consumer product.
7. The LightWorks Hand Paddle Set is also RoHS Compliant. This is a European standard that restricts the use of 6 hazardous materials, including lead, in electronic and electrical equipment.

## *Product Manual*

Each unit comes with a manual that explains how to use the unit. A selection of translated manuals as well as manuals for Earlier Models are available for download on the Manuals & Videos page.

*Current Model*  
*Manuals & Videos*

## Joules Output

Research indicates that a minimum output of 4 Joules per cm<sup>2</sup> is required to be effective. The table on below indicates the Joules per cm<sup>2</sup> for each Hand Paddle.

Paddle Color	Manual Option		Automatic Option
	Constant Mode Joules/cm <sup>2</sup>	Modes A - G Joules/cm <sup>2</sup>	All Modes Joules/cm <sup>2</sup>
Red	30	15	21
NIR	19	10	13
Orange	13	7	9
Yellow	7	4	5
Green	14	7	9
Blue	28	14	19

**In Manual Option, Modes A - G and Constant Mode is per 20 minutes.  
In Automatic Option, output is per 24 minutes (3 minutes in each Mode).**

## Electrical Specifications

### Light Output Specifications:

- **Orange LED lights:** Features 60 high-intensity Orange LED lights with a wavelength of 602 nanometers (nm) (+/- 10 nm) and a light output of approximately 309 milliwatts (mW)\*.
- **Yellow LED lights:** Features 60 high-intensity Yellow LED lights with a wavelength of 590 nanometers (nm) (+/- 10 nm) and a light output of approximately 166 milliwatts (mW)\*.
- **Green LED lights:** Features 60 high-intensity Green LED lights with a wavelength of 525 nanometers (nm) (+/- 10 nm) and a light output of approximately 331 milliwatts (mW)\*.
- **Blue LED lights:** Features 60 high-intensity Blue LED lights with a wavelength of 470 nanometers (nm) (+/- 10 nm) and a light output of approximately 662 milliwatts (mW)\*.

\*Light output measured using a Newport Optical 1830-C Light Meter.

### *Countries that Participate in Manufacturing*

The manufacturing of the SOTA Products is a global collaboration. The following countries participate in the making of the LightWorks Hand Paddle Set (listed in alphabetical order): **Canada, China, Hong Kong and Taiwan**. Our units say Made in China because China is the last step in the assembly of the units.

We are grateful that the people in all of these countries help us to produce quality products at reasonable prices for our customers.

### *Warranty*

The LightWorks Hand Paddle Set is covered by a three (3) year parts and labor warranty on all internally mounted components.