



# Ways to Use *Ionic~Colloidal Silver*

**F**or household use, tap water can be used to make Ionic~Colloidal Silver. Distilled water should be used for internal and personal use.

## **Personal Care**

- Spray or mist skin.
- Use for gargling.
- Eye drops
- Nose drops
- Wipe hearing aids and eyeglass frames.
- Add to foot baths.



## **Bathroom**

- Soak tooth brushes.
- Soak/spray combs, brushes and loofas.
- Spray bath and shower mats.
- Spray on cosmetics.

## **Kitchen**

- Rinse or spray vegetables, fruits, grains and meats before storing.
- When canning, add ½ teaspoon (2.5 ml) per quart (1 litre).
- Spray or rinse sprouts.
- Spray storage area, interior of refrigerator, lunch kits, garbage containers.
- Spray cutting boards, sponges and dish cloths.
- Add to dishwasher.

## Household Cleaning

- Add to cleaning solutions.
- Wipe telephone mouthpieces and head phones.
- Spray furnace and air conditioning filters after cleaning.
- Wipe air ducts and vents.
- Rinse toilet seats and bowls, sinks, tiling and doorknobs.
- Spray carpets, drapes, mattresses, furniture and window sills.

## Pets

- Use in bath water.
- Feed directly by dropper, place in dish, or add to water dish.

## Clothes

- Spray in shoes.
- Mist clothes before storing.
- Spray in gloves.
- Spray watch bands.
- Add to rinse water of laundry—especially for diapers.

## Plants

- Water and spray plants.